**Research paper** 

# Chain-breaking antioxidant activity of reduced forms of mitochondriatargeted quinones, a novel type of geroprotectors

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**Abbreviation:** AAPH, 2,2'-azobis(2-amidinopropan) dihydrochloride; HPMC, 6-hydroxy-2,2,5,7,8-pentamethylchromane; LH, peroxidation substrate;  $LO_2^{\bullet}$ , lipid peroxyl radical; ML, methyl linoleate; MitoQ, mitochondria-targeted quinone with ubiquinone moiety; MitoQH<sub>2</sub>, reduced form of MitoQ; R, rate of oxidation; R<sub>0</sub>, rate of non-inhibited oxidation; Q, quinone; QH<sub>2</sub> hydroquinone; ROS, reactive oxygen species; SkQ, mitochondria-targeted quinone with plastoquinone moiety; SkQH<sub>2</sub>, reduced form of SkQ; SOD, superoxide dismutase; **Q**<sup>•</sup>, semiquinone; UPLC-MS-MS, HPLC, diode array detection-electrospray ionization

tandem mass spectrometry analysis

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Abstract: The chain-breaking antioxidant activities of reduced form of novel type of geroprotectors, mitochondria-targeted quinones (QH<sub>2</sub>) have quantitatively been measured for the first time. To this end, the chain peroxidation of methyl linoleate (ML) in Triton micelles was used as a kinetic testing model. The studied QH<sub>2</sub> were lipophilic triphenylphosphonium cations conjugated by an aliphatic linker to an antioxidant, i.e. a ubiquinol moiety (MitoQH<sub>2</sub>) or plastoquinol moiety (SkQH<sub>2</sub>). The antioxidant activity was characterized by the rate constant k<sub>1</sub> for the reaction between QH<sub>2</sub> and the lipid peroxyl radical (LO<sub>2</sub><sup>•</sup>) originated from ML: QH<sub>2</sub> + LO<sub>2</sub><sup>•</sup>  $\rightarrow$  HQ<sup>•</sup> + LOOH. All the tested QH<sub>2</sub> displayed a pronounced antioxidant activity. The oxidized forms of the same compounds did not inhibit ML peroxidation. The value of k<sub>1</sub> for SkQH<sub>2</sub> far exceeded k<sub>1</sub> for MitoQH<sub>2</sub>. For the biologically active geroprotectors SkQ1H<sub>2</sub>, the k<sub>1</sub> value found to be as high as 2.2 × 10<sup>5</sup> M<sup>-1</sup>s<sup>-1</sup>, whereas for MitoQH<sub>2</sub>, it was 0.58 × 10<sup>5</sup> M<sup>-1</sup>s<sup>-1</sup>. The kinetic behavior of QH<sub>2</sub> suggested that SkQ1H<sub>2</sub> can rather easily diffuse through lipid-water microheterogeneous systems.

## INTRODUCTION

The oxidative stress caused by reactive oxygen species (ROS) is assumed to significantly contribute to aging and numerous age-related pathologies. Mitochondria are known as a place, where the most intensive ROS produc-

tion can occur. In the recent years, mitochondriatargeted antioxidants has been developed [1-4]. Research was the series of papers published by our group in 1969-1970, where mitochondria-addressed penetrating synthetic cations were described and the idea to use these cations as "electric locomotives" targeting non-charged compounds to mitochondria was put forward [5, 6]. In the late nineties, Murphy and coworkers initiated the practical realization of this idea [1, 7-9]. They synthesized and tested several mitochondria-targeted antioxidants conjugated to the lipophilic alkyltriphenylphosphonium cations. The ubiquinone moiety linked to triphenylphosphonium cation by C<sub>10</sub> aliphatic chain, MitoQ (Figure 1), seemed to be the most promising [1, 4, 9].

In 2005, an attempt was undertaken in our group to replace the ubiquinone moiety in MitoQ by plastoquinone. As a result, a series of mitochondria-targeted antioxidants named SkQ has been synthesized [2, 10]. There were two main reasons for this modification. (1) Plastoquinone playing in chloroplasts the same role of an electron carrier as ubiquinone does in mitochondria always

operates under conditions of oxidative stress (elevated oxygen concentration and an intensive ROS production). (2) It was reported [11-13] that the reactivity of the "tailless" plastoquinol analogs to the peroxyl radicals was indeed higher than that of natural ubiquinols. The advantage of mitochondria-targeted quinones of SkQ type over MitoQ was recently demonstrated by using several biological models. In particular, it was found that very low doses of SkQ1 (nmol/kg per day) prolong life of podospora, ceriodaphnia, drosophila and mice. In mice, SkO1 doubled median lifespan arrested development of such traits of the senescence process as involution of thymus and decline of other immunity mechanisms; osteo-porosis; disappearance of regular estrous cycles in females, cataract, retinopathies, balding, catinies, hypothermia, chromosome aberrations, peroxidation of lipids and proteins, etc. [10, 14-20].



Figure 1. The structure of the mitochondria-targeted hydroquinones and other phenolics studied in this work.



**Figure 2**. The reduction of SkQ1 by NaBH<sub>4</sub> as studied by UPLC-MS-MS analysis. A - Reverse-phase HPLC chromatograms before and after the addition of NaBH<sub>4</sub>. B - MS/MS spectra of SkQ1 before reduction (at the bottom) and after reduction (at the top). Details of the protocol are given in the text.

Until recently, the reactivity of the mitochondriatargeted antioxidants has, in fact, not been quantitatively determined. This was done in the present paper. The structure of the compounds studied is presented in Figure 1. The chain-breaking antioxidant activity was characterized by the rate constant for reaction of QH<sub>2</sub> with the lipid peroxyl radical,  $LO_2^{\bullet}$ , formed from ML or cardiolipin:

 $LO_2^{\bullet} + QH_2 \longrightarrow LOOH + QH^{\bullet}$  k<sub>1</sub> (1) which competes with the reaction of chain propagation of lipid peroxidation

$$LO_2^{\bullet} + LH (+O_2) \longrightarrow LOOH + LO_2^{\bullet} k_2$$
 (2)

#### RESULTS

Figure 2 shows that SkQ1 is almost completely reduced to SkQ1H<sub>2</sub> by NaBH<sub>4</sub>. For SkQ1, the m/z value was found to be 537.08, which corresponds to the theoretically calculated one. As expected, the m/z value for SkQ1H<sub>2</sub> proved to be 539.1, i.e. m/z increased by two units as compared with that for SkQ1. Similar results were also obtained for the reduction of other mitochondria-targeted quinones.

The non-inhibited oxidation of ML in Triton micelles is a chain process, which rate,  $R_0$ , was found to be proportional to [ML] and square root of [AAPH] (not shown) as it was reported in our preceding papers [21,22]. Such relationships are also inherent in the lipid peroxidation in other aqueous microheterogeneous systems [23-25]. They correspond to the "classic" kinetic scheme with bimolecular chain termination [26, 27].

AAPH + LH + $(O_2) \longrightarrow LO_2^{\bullet}$ + products	$R_{\rm IN}$	(0)
$LO_2^{\bullet} + LH + \longrightarrow LOOH + L^{\bullet}$	$k_2$	(2)
$L^{\bullet} + O_2 \longrightarrow LO_2^{\bullet}$	$k_3$	(3)
$LO_2^{\bullet} + LO_2^{\bullet} \longrightarrow \text{ products}$	$2k_4$	(4)

All the tested QH<sub>2</sub> displayed a pronounced chainbreaking antioxidant activity as this is exemplified by Figure 3 for SkQ1H<sub>2</sub>. When SkQ1H<sub>2</sub> was added, the rate of oxidation, R, dramatically decreased. As SkQ1H<sub>2</sub> was progressively consumed due to reaction (1), R increased with time and eventually reaches the level of non-inhibited oxidation. As a result, the pronounced induction period was observed (Figure 3A).



**Figure 3**. The effect of 5  $\mu$ M SkQ1H<sub>2</sub> on the kinetics of oxygen consumption caused by oxidation of 20 mM ML in micellar solution of 50 mM Triton X-100 in 50mM phosphate buffer, pH 7.4, 37 °C. Oxidation was initiated by 3 mM AAPH. A, [O<sub>2</sub>] trace; arrow shows addition of SkQ1H<sub>2</sub>. B, plot A in the axes of Eq. 7.

Quantitatively similar [O<sub>2</sub>] traces were observed with all the other tested  $QH_2$  as well as with  $\alpha$ -tocopherol and its synthetic analog 6-hvdroxy-2.2.5.7.8pentamethylchromane (HPMC). As for C<sub>12</sub>TPP, a compound that has no hydroquinone moiety (Figure 1), it did not display any inhibiting activity (not shown). Meanwhile, oxidized form of SkQ1 showed a weak inhibition of ML oxidation, but only during a very short period of time (Figure 4). Most likely, the inhibition is caused in this case by a minor contamination of SkQ1H<sub>2</sub> to SkQ1. A similar effect was also observed with other mitochondria-targeted Q. This suggests that mitochondria-targeted quinones by themselves do not act as a chain-breaking antioxidant.

The reduced forms of mitochondria-targeted quinones studied in this work are p-hydroquinones. Acting as chain-breaking antioxidants during the chain peroxidation of styrene p-hydroquinones, "tailless" analogs of mitochondria-targeted antioxidants show a very high inhibiting activity [11], sometimes comparable with that of  $\alpha$ -tocopherol (k<sub>1</sub> = 3.3 × 10<sup>6</sup> M<sup>-1</sup>s<sup>-1</sup> [26]). For instance, k<sub>1</sub> for Me<sub>3</sub>BQH<sub>2</sub> was found to be as much as 2.2 × 10<sup>6</sup> M<sup>-1</sup>s<sup>-1</sup> (Table 1). The behavior of p-hydroquinones in such a system does not differ from that of monophenolic antioxidants [26, 27]. The situation dramatically changes when going to the

peroxidation of ML in aqueous micelles [12, 28]. The matter is that p-hydroxy-substituted phenoxyl radicals  $QH^{\bullet}$  formed in reaction (1) having, as a rule, pK less than 5 [29] undergo fast deprotonation at neutral pH:

$$QH^{\bullet} \longrightarrow Q^{\bullet-} + H^+$$
 (5)

with the formation of semiquinone anion,  $Q^{\bullet-}$ , which reacts readily with molecular oxygen, forming  $O_2^{\bullet-}$  [30,31]:

$$Q^{\bullet-} + O_2 \longrightarrow Q + O_2^{\bullet-}$$
(6)

In turn,  $O_2^{\bullet-}$  may react with oxidation substrate and  $QH_2$ , most likely in its protonated form,  $HO_2^{\bullet}$ . Both reactions result in a decrease in the inhibitory activity of  $QH_2$  [28]. SOD removes  $O_2^{\bullet-}$  and thus arrests the mentioned undesirable reactions with the participation of  $O_2^{\bullet-}$  ( $HO_2^{\bullet-}$ ). This was a reason why SOD was always added to our system.

The  $[O_2]$  traces recorded during the induction period of the inhibited oxidation of ML were used to determine  $k_1$ . On the base of a reductive kinetic scheme, which includes reactions (0), (1), (2), and (4), the following equation can be deduced [11,12]

$$F = \ln \frac{1 + R/R_0}{1 - R/R_0} - \frac{R_0}{R} = \frac{k_1 R_0}{2k_2 [LH]} t + \text{constant} \quad (7)$$

where [LH] is the concentration of the oxidation substrate (in our case ML). Figure 3B depicts the original [O<sub>2</sub>] trace (Figure 3A) in the axes of Eq. (7). It is seen that the plot of F vs. time is a straight line as predicted by Eq. (7). The kinetic behavior of all the other QH<sub>2</sub> studied proved to be was similar. The value of  $k_1/k_2$  can be calculated from the slope of this straight line by using Eq. 7. It should be noted that this way of calculation of  $k_1/k_2$  does not require the knowledge in R<sub>IN</sub> and the starting concentration of QH<sub>2</sub>. The values of  $k_1/k_2$  are listed in Table 1. The absolute values of  $k_1$ were calculated from  $k_1/k_2$  assuming  $k_2 = 60 \text{ M}^{-1} \text{s}^{-1}$  [22]. The  $k_1$  values are also listed in Table 1.

With two QH<sub>2</sub>, SkQ1H<sub>2</sub> and MitoQH<sub>2</sub>, similar experiments were conducted by using the same testing system, but with substituting ML by cardiolipin, the most oxidizable phospholipid component in mitochondria membranes [32, 33]. As seen from Figure 5, both [O<sub>2</sub>] traces during the induction period of the inhibited oxidation and the plots of F vs. time are very similar to those for ML. The value of  $k_1/k_2$  was calculated from the slope of the plot B (Figure 5) by using Eq. (7) assuming that each molecule of cardiolipin contains four fatty acid residue with 87 % linoleate in the cardiolipin sample used in this work (see www.avantilipids.com). These data are also presented in Table 1. Unfortunately, the absolute values of  $k_1$  could not be calculated, as  $k_2$  for the oxidation of cardiolipin has never been reported.

QH <sub>2</sub> <sup>a</sup>	k <sub>1</sub> /k <sub>2</sub> <sup>b</sup>	$k_1 \times 10^5, M^{-1}s^{-1}$
SkQ1H <sub>2</sub>	3670 ± 280 (7)	$2.2\pm0.2$
	$1980 \pm 170 (3)^{c}$	nd
SkQ3H <sub>2</sub>	2720 ± 210 (4)	$1.6 \pm 0.1$
SkQ5H <sub>2</sub>	2670 ± 180 (5)	$1.6 \pm 0.1$
MitoQH <sub>2</sub>	970 ± 55 (6)	$0.58\pm0.03$
	$520 \pm 37 (3)^{c}$	nd
DMQH <sub>2</sub>	1260 ± 85 (4)	$0.76\pm0.5$
Me <sub>3</sub> BQH <sub>2</sub>	2170 ± 130 (4)	$1.3 \pm 0.1$
		23 <sup>d</sup>
Me <sub>4</sub> BQH <sub>2</sub>	5020 ± 380 (3)	3.0 ± 0.2
Ubiquinol-0	700 ± 45 (3)	$0.42\pm0.03$
		4.4 <sup>d</sup>
α-tocopherol	1170 ± 70 (4)	$0.70\pm0.04$
НРМС	8680 ± 700 (4)	$5.2 \pm 0.4$

**Table 1**. Kinetic parameters characterizing the antioxidant activity of the reduced forms of mitochondriatargeted quinones and their analogs in micellar solution of 50 mM Triton X-100, 50 mM phosphate buffer, pH 7.4, at 37 °C. Oxidation of ML or cardiolipin was initiated by AAPH.

Notes: nd – not determined; <sup>a</sup> structures of  $QH_2$  are given in Figure 1; <sup>b</sup> figures in brackets are the number of independent experiments; <sup>c</sup> ML is replaced by cardiolipin; <sup>d</sup> determined during styrene oxidation in the bulk.

#### DISCUSSION

In this paper, the reactivity of the reduced forms of the mitochondria-targeted quinones as chain-breaking antioxidants has systematically been studied. As may be seen from Table 1, the  $k_1$  value for SkQ1H<sub>2</sub>, SkQ3H<sub>2</sub> and SkQ5H<sub>2</sub> are significantly higher than that for MitoQH<sub>2</sub>. This is in line with the data for simple "tailless" analogs of SkQ1H<sub>2</sub> and MitoQH<sub>2</sub>, namely Me<sub>3</sub>BQH<sub>2</sub>, Me<sub>4</sub>BQH<sub>2</sub> and Ubiquinol-0. The same tendency was earlier observed when effects of "tailless" analogues on the chain oxidation of styrene in bulk [11] and ML peroxidation in SDS micelles were studied [12]. Possible reasons why methyl-substituted phydroquinones are better antioxidants than methoxysubstituted p-hydroquinones were described elsewhere [11, 26]. In brief, the effect under consideration is, the most probably, stereoelectronic by its nature. The matter is that o-methoxy group forms H-bond with oxygen belonging to the adjacent OH group. This causes the decrease in overlap between p-type orbital of oxygen atom of OH-group and the aromatic  $\pi$ -electron cloud (the increase of the dihedral angle between the aromatic ring and O - H bond). The latter results in strengthening O – H bond as compared with that in omethyl substituted QH<sub>2</sub>, where such an intramolecular H-bond is absent.



**Figure 4**. The effect of addition of 10  $\mu$ M SkQ1 on the kinetics of oxygen consumption during the oxidation of 20 mM ML in 50 mM micellar solution of 50 mM Triton X-100 in 50mM phosphate buffer, pH 7.40, 37 °C, initiated by 3 mM AAPH. Arrow shows the moment when SkQ1 was added.

Among mitochondria-targeted OH<sub>2</sub> studied in this work, SkQ1H<sub>2</sub> showed the highest reactivity towards the lipid peroxyl radicals (Table 1). This observation is in line with data obtained in our group by using several biological models [2, 10, 14]. However, we recognize that the highest value of  $k_1$  for SkQ1H<sub>2</sub> is likely not the only reason for the outstanding biological activity of SkQ1. It should be taken into account that  $k_1$  given in Table 1 are effective values and cannot be directly attributed to the elementary reaction (1). The genuine values of k<sub>1</sub> can be determined during the chain oxidation in non-polar media, for instance in styrene [11, 34, 35]. When going to the oxidation of fatty acid (ester) in bulk [12, 36] and further to the oxidation in aqueous micelles and liposomes [12, 26, 37], the experimentally determined k<sub>1</sub> values significantly decrease, nearly by one order of magnitude (see data for ubiquinol-0, Table 1). A reason for such a reduction of k<sub>1</sub> was repeatedly discussed. The mentioned decrease in  $k_1$  is not specific of QH<sub>2</sub>. A similar effect has earlier been also reported for the oxidation inhibited by monophenolics [25, 26, 37, 38]. The formation of Hbonds between the OH-group of phenolics and the carboxy-group of ML has been suggested as the main reason for the k1 decrease when going from the oxidation of non-polar hydrocarbon to that of fatty acid (ester) [36]. Recently, hydrogen bonding between phenols and fatty acid esters was directly observed by using the NMR technique [39]. Most likely, this is also true for QH<sub>2</sub> studied in this work. The further decrease in  $k_1$  when going from ML oxidation in bulk to that in aqueous micelles may be explained by the additional formation of H-bonds between OH<sub>2</sub> and water molecules as this was earlier suggested for monophenolics [23, 37, 38].

A general specific feature of reduced forms of the studied mitochondria-targeted quinoles is that their reactivity is actually very close to that of their "tailless" analogs (Table 1). This is in contrast to the couple " $\alpha$ tocopherol having the long aliphatic chain its "tailless" analog HPMC. The  $k_1$  value for  $\alpha$ -tocopherol is nearly one order of magnitude lower than that for HPMC (Table 1). This effect was reported to be even more pronounced in the SDS micelles [23, 37, 38]. The essential feature of our testing system and related microheterogeneous systems is that the concentration of the antioxidants tested is much lower than that of the oxidation substrate (in our case ML). While every micelle (microreactor) contains several molecules of ML, only a few micelles contain an antioxidant. Under these conditions, a fast  $LO_2^{\bullet}$  reduction by an antioxidant is possible only if an antioxidant is capable of fast transferring from one microreactor to another, the characteristic time of this transfer being shorter than the



**Figure 5**. The effect of addition of 10  $\mu$ M SkQ1H<sub>2</sub> on the kinetics of oxygen consumption during the oxidation of 2.6 mg mL<sup>-1</sup> cardiolipin 50 mM micellar solution of 50 mM Triton X-100 in 50mM phosphate buffer, pH 7.40, 37 °C, initiated by 3 mM AAPH. Arrow shows the moment when SkQ1H<sub>2</sub> was added.

time of the occurrence of a single kinetic chain. The antioxidants with a rather long aliphatic residue like  $\alpha$ -tocopherol commonly do not meet such a requirement [37]. The fact that the values of k<sub>1</sub> for the mitochondria-targeted quinols actually do not differ from that of their "tailless" analogs (Table 1) means that all of them are capable of the fast transfer from one microreactor to another. This is in line with a high reported ability of SkQ and MitoQ to easily penetrate through biological membranes [14].

### MATERIALS AND METHODS

Methyl linoleate and Triton X-100 were purchased from Sigma, heart bovine cardiolipin disodium salt was received from Avanti PolarLipids. The water-soluble initiator 2,2'-azobis(2-amidinopropan) dihydrochloride (AAPH) was obtained from Polysciences. NaH<sub>2</sub>PO<sub>4</sub> and Na<sub>2</sub>HPO<sub>4</sub> of the highest quality used to prepare buffer purchased from Merck. solutions were The mitochondria-targeted quinones, SkQ1, SkQ3, SkQ5, MitoQ, DMQ as well as  $C_{12}$ TPP (see Figure 1) were synthesized in the Mitoengineering Centre of Moscow State University [2]. Trimethylhydroquinone (Me<sub>3</sub>BQH<sub>2</sub>) was purchased from Aldrich; 2,3-dimethoxy-5-methylbenzoqyuinone (ubiquinone-0) was from Sigma; tetramethylbenzoquinone (Me<sub>4</sub>BQ) was from EGA Chemie. All the other chemicals were of highest available quality.

The reduced forms of the mitochondria-targeted quinones (QH<sub>2</sub>) were produced by the reduction of corresponding quinones by NaBH<sub>4</sub> in the mixture of 50 mM NaH<sub>2</sub>PO<sub>4</sub> (pH 5.0) with ethanol. This process was under control of UPLC-MS-MS (see below). Reduced forms of ubiquinone-0 and tetramethylhydroquinone (Me<sub>4</sub>BQH<sub>2</sub>) were produced by reduction of the quinones by Zn powder [21]. The buffer solution (pH 7.40  $\pm$  0.02) was prepared by mixing 50 mM solutions of NaH<sub>2</sub>PO<sub>4</sub> and Na<sub>2</sub>HPO<sub>4</sub>. In turn, the solutions of the individual sodium phosphates were prepared with doubly distilled water and were purged from traces of transition metals by Chelex-100 resin (Bio-Rad).

HPLC-diode array detection-electrospray ionization tandem mass spectrometry analysis (UPLC-MS-MS) was performed using an ACQUITY system (Waters, Milford, MA, USA). Chromatography was carried out using an ACQUITY BEH C18 column (2.1 x 50 mm, 1.7  $\mu$ m) eluted with a gradient of 40-60% acetonitrile (4 min) and 20 mM acetic acid (pH 3.0) delivered at a flow rate of 0.5 mL per min. UV-monitoring was performed at 280 mm. An injection volume of 11.2  $\mu$ L (full loop) was used in all cases. A Quattro triple-quadrupole mass spectrometer (Micromass-Waters) fitted with a Z-Spray ion interface was used for analyses. Ionization was achieved using electrospray in a positive ionization mode. The following conditions were found to be optimal for the analysis of SkQ1: capillary voltage, 3.0

kV; source block temperature,  $120^{\circ}$ C; and desolvatation gas (nitrogen) heated to  $450^{\circ}$ C and delivered at a flow rate of 800 L h<sup>-1</sup>; cone voltage, 55 V; cone Gas Flow rate, 50 L h<sup>-1</sup>. MassLynx 4.0 software (Waters) was used for processing.

The standard testing system was composed of 50 mM buffer, pH 7.4, 50 mM Triton X-100, 2-4 mM AAPH, 8-20 mM ML and 20 unit  $mL^{-1}$  SOD. In some experiments, ML was replaced by cardiolipin. The kinetics of oxygen consumption accompanied ML oxidation were studied with (cardiolipin) а computerized 5300 Biological Oxygen Monitor (Yellow Springs Instruments Co., USA) with a Clark electrode as a sensor. The rate of oxidation was measured as a slope of  $[O_2]$  traces. Experiments were conducted at  $37.0 \pm 0.1$  °C. ML was added to preliminarily thermostated micellar solution of Triton X-100 and AAPH in buffer. Monitoring was started 3-5 min after ML addition and the rate of non-inhibited oxidation  $(R_0)$ was measured. The tested compounds were then added to a reaction chamber under steady monitoring as a stock solution by using a Hamilton micro-syringe. In more detail, the protocol was described elsewhere [12, 21, 22].

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### CONFLICT OF INTERESTS STATEMENT

The authors in this manuscript have no conflict of interest to declare.

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