

Supplementary Figure 1. Gating strategy for flow cytometry analysis to identify CD4⁺ and CD8⁺ cell subsets. (A) Cells were first gated for lymphocytes (FSC *versus* SSC). (B) Lymphocyte gate was in parallel analysed for uptake of the Live/Dead Fixable Near-IR Dead to determine live *versus* dead cells. The expression of (C) CD3⁺CD4⁺ or (D) CD3⁺CD8⁺ was determined on morphological gate for lymphocytes. (E) Within CD3⁺CD4⁺, CD45RA and CD31 markers were used to identify recent thymic emigrant (RTE, CD45RA⁺CD31⁺) and CD57 and CD28 markers for senescent cells (CD28⁻CD57⁺). (F) Within CD3⁺CD8⁺ gate, CD45RA and CD31 markers were used to identify recent thymic emigrant (RTE, CD45RA⁺CD31⁺), CD57 and CD28 markers for senescent cells (CD28⁻CD57⁺), and CD38 and HLA-DR for activated cells (CD38⁺HLA-DR⁺).