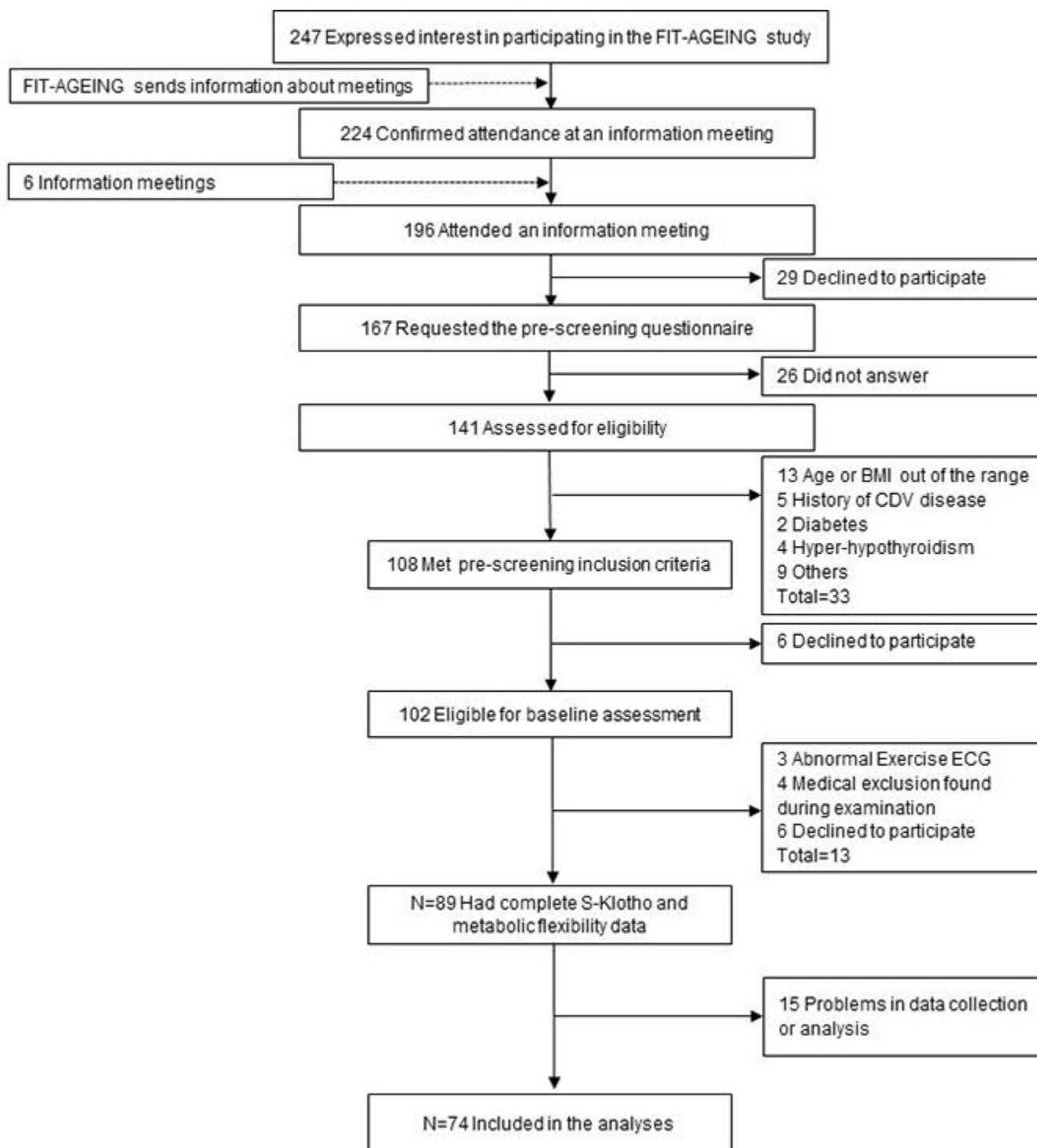
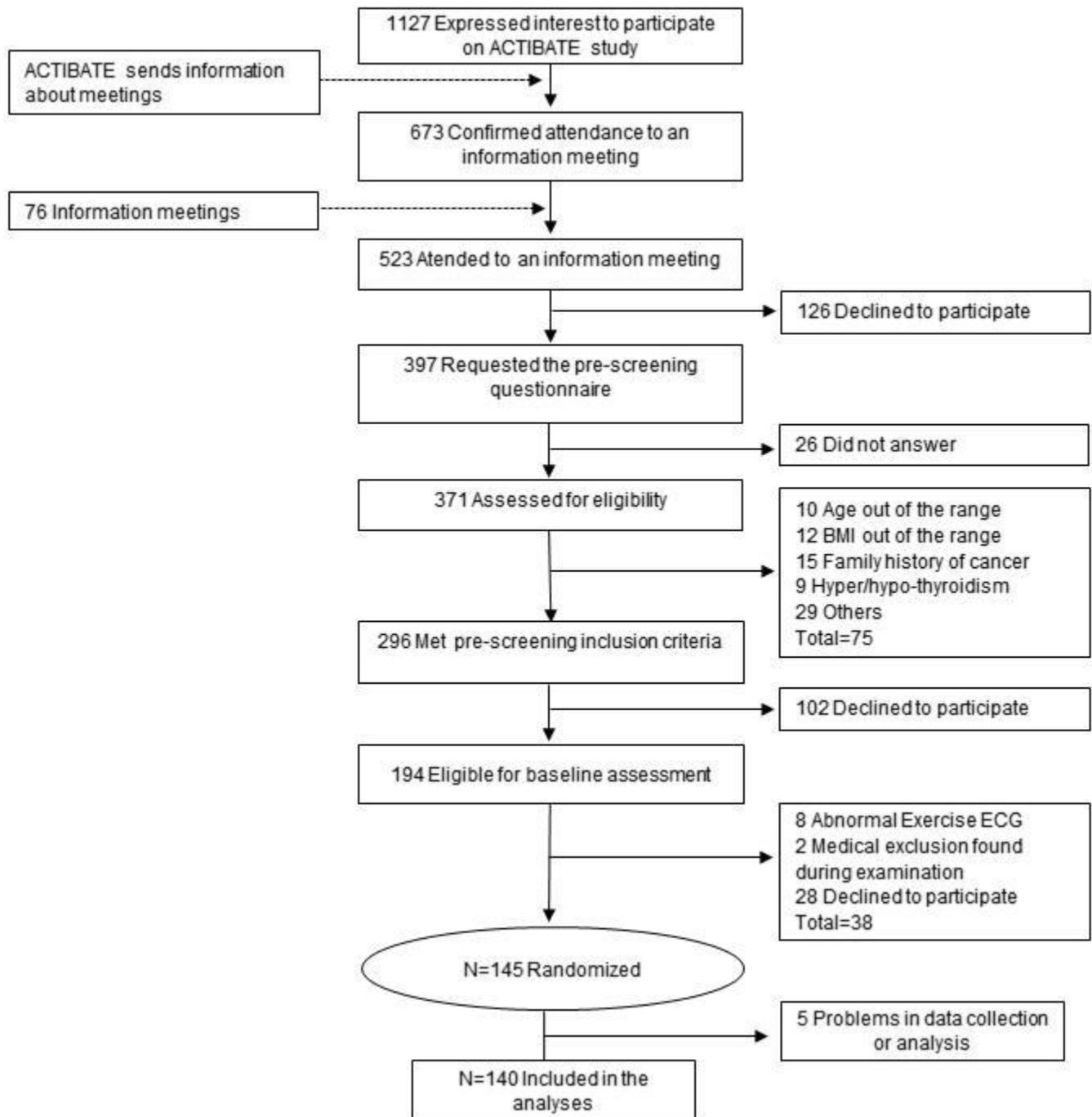


SUPPLEMENTARY FIGURES



Supplementary Figure 1. Flow-chart of the FIT-AGEING study as followed for the present work. BMI: body mass index, CVD: cardiovascular disease, ECG: electrocardiogram.



Supplementary Figure 2. Flow-chart of the ACTIBATE study as followed for the present work. BMI: body mass index, CVD: cardiovascular disease, ECG: electrocardiogram.