

Supplementary Material 3. Smith et al. depression criteria.

Depression (adapted from Smith et al. (2013), doi: 10.1371/journal.pone.0075362).

3. Single probable episode of major depression:

4598 ever depressed/down for a whole week; plus 4609 at least two weeks duration; plus 4620 only one episode, plus 2090 ever seen a GP or 2100 a psychiatrist for nerves, anxiety, depression
OR

4631 ever anhedonic (unenthusiasm/uninterest) for a whole week; plus 5375 at least two weeks; plus 5386 only one episode; plus 2090 ever seen a GP or 2100 a psychiatrist for nerves, anxiety, depression.

4. Probable recurrent major depression (moderate):

4598 ever depressed/down for a whole week; plus 4609 at least two weeks duration; plus 4620 at least two episodes; plus 2090 ever seen a GP (but not a psychiatrist) for nerves, anxiety, depression
OR

4631 ever anhedonic (unenthusiasm/uninterest) for a whole week; plus 5375 at least two weeks; plus 5386 at least two episodes; plus 2090 ever seen a GP (but not a psychiatrist) for nerves, anxiety, depression.

5. Probable recurrent major depression (severe):

4598 ever depressed/down for a whole week; plus 4609 at least two weeks duration; plus 4620 at least two episodes; plus 2100 ever seen a psychiatrist for nerves, anxiety, depression
OR

4631 ever anhedonic (unenthusiasm/uninterest) for a whole week; plus 5375 at least two weeks; plus 5386 at least two episodes; plus 2100 ever seen a psychiatrist for nerves, anxiety, depression.