

Supplementary Table 6. Baseline characteristics of included (*N* = 530) and excluded (*N* = 48) Normative Aging Study (NAS) participants.

	Stroke = No	Stroke = Yes[†]
	(<i>N</i> = 530)	(<i>N</i> = 48)
Age (years)*		
Mean (SD)	72.0 (6.8)	77.2 (7.5)
Median (Min, Max)	71.0 (55.0, 94.0)	77.0 (57.0, 92.0)
Race/Ethnicity		
White	513 (96.8%)	47 (97.9%)
Black	12 (2.3%)	0 (0%)
Hispanic	4 (0.8%)	1 (2.1%)
Missing	1 (0.2%)	0 (0%)
Max Education (years)		
Mean (SD)	14.9 (2.9)	15.3 (3.4)
Median (Min, Max)	14.0 (6.0, 29.0)	15.0 (11.0, 30.0)
Alcohol Consumption (drinks/day)		
< 2	438 (82.6%)	40 (83.3%)
≥ 2	92 (17.4%)	8 (16.7%)
Smoking Status		
Never	158 (29.8%)	19 (39.6%)
Current/Former	372 (70.2%)	29 (60.4%)
Physical Activity (MET-hrs/week)		
Mean (SD)	14.3 (17.8)	12.1 (12.4)
Median (Min, Max)	7.75 (0.25, 138.17)	7.58 (0.25, 43.6)
1st quartile, 3rd quartile	3.09, 19.62	3.12, 16.02
Missing	29 (5.5%)	3 (6.3%)
Diabetes		
No	435 (82.1%)	34 (70.8%)
Yes	95 (17.9%)	14 (29.2%)
Hypertension		
No	151 (28.5%)	11 (22.9%)
Yes	379 (71.5%)	37 (77.1%)

These participants had at least one cognitive assessment on or after the baseline visit, defined as the visit when blood was drawn for plasma miRNA analysis. Abbreviations: SD: Standard deviation; MET: Metabolic equivalent of task, measured in hours (hrs) per week. One MET is defined as the energy expenditure for sitting quietly, which, for the average adult, approximates 3.5 mL of oxygen uptake per kilogram of body weight per minute (1.2 kcal/min for a 70-kg individual). [†]These participants were excluded from analyses. **p* < 0.0001